

Teen acne: the scars go more than skin deep

As if being a teen weren't stressful enough, suicidal thoughts are almost twice as common in adolescents aged 18-19 years who have substantial acne, reports dermatologist [Dr. Tess Mauricio](#), citing a recent [study by the University of Oslo](#). Heavy acne is commonly associated with mental, social and health problems, so if your teen grandchild has acne, they'll need extra family support.



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