FABULOUS FREE STUFF

Log on to familycircle.com/walk every day to enter your miles and increase your chances of winning one of our weekly prizes or our fabulous grand prize!

GRAND PRIZE The reader who walks the farthest over the next 12 weeks

wins a three-night stay for two at Canyon Ranch in Tucson, Arizona, or Lenox, Massachusetts. This getaway includes meals from Canyon Ranch's awardwinning chefs, a choice of more than 50 fitness classes daily, hiking and biking excursions, a personal program adviser, airfare and more. Best part? A \$360 allowance to spend on spa treatments (like facials and massages) or sports and

wellness services. **Total package value: \$6,620.**

1ST PLACE FINISHERS: Five walkers

will win Keen shoes (\$120 value), a New Balance Via Wrist Pedometer watch (\$69 value) and Heart Rate Monitor (\$95 value), a Moving Comfort walking outfit (\$75 value) and Adidas sunglasses (\$100 value).



THIS MONTH'S WEEKLY GIVEAWAYS



June 9-15

Crocs gift
certificate—
choose from
footwear for
adults and
children, apparel,
and Jibbitz—for 7
walkers (\$300
certificate)



June 16-22

Glistenwear.com package: travel bag, earbuds, tank, flip-flops, pants, shirts, bandana and more for 4 walkers (\$300 value)



June 23-29

A Nordic Track
AudioStrider 990
Elliptical for 2
walkers—includes
delivery and
setup, as well as
three iFit Workout
cards (\$1,400
value)



June 30-July 6

Head to toe gear from Outdoor Research, including a jacket, capris, tank, tee and hat for 5 walkers (\$358 value) hotos: David Lewis Taylor (first place prize); Michael Kraus (weekly giveaways)