

FoodieView.com

FoodieView, a food portal with a convenient recipe search, has announced the launch of its free **“Meal Plan-of-the-Week.”** The feature is intended to save busy, budget-conscious individuals time and money by taking the guesswork out of low cost meal planning, grocery shopping and recipe preparation in full seven-day increments. The plan-of-the-week is posted only at <http://www.foodieview.com/mealplan> each Thursday featuring 14 lunch and dinner recipes. Viewers of the web site can also search by categories for recipes for main ingredients, vegetables and fruits, particular cuisines such as Italian or Japanese and special considerations such as diabetic or gluten-free recipes. A click on recipes for chicken showed 26,8034 currently listed.

► **More information:** <http://www.foodieview.com>

