

18 things

Happenings, news, celebrations,
 and tidbits that caught
 Today's Woman's eye for this month.

BY ANITA OLDHAM

Because we are 18 years old!
 Why 18?

1



Welcome to our music issue. Do you have a "theme" song? One that defines at least part of your life right now? Post it on our Facebook page, www.facebook.com/todayswoman.

Today's Teen photo shoot

Our Top Ten Teens are featured on page 27. They were jumping for joy and full of enthusiasm.



Our winner jumping — one of about 35 times she did that — in front of photographer Nelson Augé and assistant editor Tiffany White.

2

Beautiful Work

A lot of people deserve a little credit, but these people deserve a lot of credit. We work with so many talented local people to put together the Derby issue of *Today's Woman*. We gave a mention to these makeup and hair professionals in the magazine, but not very noticeably. If you knew how hard they worked, you would want to know them better.

TODAY'S WOMAN, APRIL 2010

Makeup by Isidro Valencia, Hair by Lyndia Willis Salon — Maria Henderson and Lyndia Willis.



Makeup by Holly Oyler. Also assisting with hair styling was Tyler Huncilman of Lyndia Willis Salon.

3

Get yourself tested for National Stroke Month. Check local hospitals for free screenings before something happens that you cannot change.

Girls try to take a peek after the "big" photo jumping session.

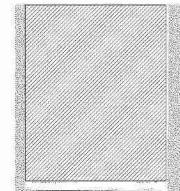


4



More than 1,500 Habitat homes have been built by crews of women. Habitat for Humanity of Metro Louisville women's group is about to add another house to that women — built total. Caren Veech, an attorney at Greenebaum, Doll, McDonald and long-time Habitat volunteer, will be the house leader. Go to www.louisvillehabitat.org to get more information about volunteering or donating.

5



6 **Watch (out), TV**

Caroline Fyffe just moved to Louisville from California and brought along the experience she had there to start a local chapter of the Parents Television Council (www.parentstv.org) the nation's most influential advocacy organization protecting children from graphic sex, violence, and profanity in the media. "We don't have to just accept things the way they are. In fact, it is our responsibility to speak out against those who care not for the innocence of our children or of the long-term damage to our community their actions create."

7 **MOVING ON UP**

We are proud of the many accomplishments and successes of *Today's Woman's* past partners and contributors, but we thought that Shannon White deserved a special shout out. She worked for us for several years to write about real women and real issues, including political ones. So it is not a surprise that she is now running for Mayor of Metro Louisville — trying to take a woman into the governing office.



Shannon White

8 Join us as we walk a 5K for women in our community. Join a team to help *Champions 4 Her - 5K Walk, Run & Festival* on June 19 at Festival Plaza at Waterfront Park. Help any one of the 13 organizations that do important work on behalf of women and children in Louisville and Southern Indiana. Go to www.champions4her.com to join a team.

9 **YOU CAN HELP**

Y-NOW Mentoring Children of Prisoners needs some volunteers to work with children between the ages 11 and 15 to help them work toward positive changes. Call Dave at 502.635.4394



My Mom is the best mom. Happy Mother's Day, Mom!

Kay Smith is a great mother of 6, grandmother of 19.

10 **An Apology**

Read this letter...

"I'm surprised a publication that ostensibly promotes the empowerment of women would print Ms. Jo Ross' article, *Wear a Hat The Right Way*. History will attest to the fact that great women don't follow the rules but forge their own path in every aspect of their life, including style. Thank God for these pioneers or we'd still be wearing corsets. Hats off to these brave women your self-appointed fashionista writes 'dressed the wrong way' for the Derby.

— Andrea Kaelin, via email

Our hats are askew after realizing that our Derby/April article made women feel criticized for their personal Derby fashion statement. The intent of the article was to provide some guidelines for those who had no Derby fashion ideas, and to suggest some ideas for the "perfect look."

The women photographed looked great which is why we chose to showcase them in the first place, and they should continue to make their own personal fashion statement. There was nothing wrong with their fashion choices and we were wrong to suggest otherwise. The women were incorporating contemporary trends such as fascinator hats and showing more hair with their hat, less traditional but perfectly appropriate approaches to Derby fashion. We apologize for any embarrassment we have caused.

12

For all of those who can't wish your mother a happy day through a magazine, we have a couple of ideas, especially if you live away from your mother:

- **Spoonful of Comfort** is a new company that will send your mom old-fashioned, homemade chicken soup with all natural ingredients and no additives or preservatives. Add some fresh rolls or homemade oatmeal cookies to accompany the soup if you choose. \$32, www.spoonfulofcomfort.com.
- **Jer's Handmade Chocolates** (iwantchocolate.com). We tried these chocolate and peanut butter confections and they are grand. My favorite: Toffee break — homemade savory toffee chips married with natural peanut butter in milk, dark or white chocolate.
- **If she is in town, invite your mom to attend our Tuesdays with Today's Woman event on May 4** to have a chance to honor her and get your photo taken together.


13 *Happy 48!*
 We should all raise our coffee cups in a toast to local roaster John Conti. On March 31, 1962 John Conti started his business with one cigarette vending machine. Working out of his garage, he delivered products using his 1949 Chevrolet. Today the John Conti Coffee Co. roasts over 1,500,000 pounds of coffee annually and serves over 1,000,000 cups of award-winning coffee every day.

14
 It is hard to keep everything charged up and I have been trying out the JuiceBar Solar Charger (\$40.21) that allows you to charge several different devices using light (solar cells), without having to tote around a variety of AC adapters and cords. cableorganizer.com/pocket-solar-charger. Sunlight is pretty handy.

15 Nominate someone for **Way to Go Woman** – a woman under age 40 who is making a big difference in her community, work, or home. See page 22.

Enter the St. James Court Art Show public poster design competition for the 2010 show and win \$1,000. Get specifics at www.stjamescourttartshow.com/art-show-poster. Deadline is June 18.

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17

Mimi Zinniel trying to save trees.
 Mimi Zinniel, the CEO of Olmsted Parks Conservancy, is leading the charge to raise the last \$150,000 to rescue the Cherokee and Seneca Parks' woodlands. They say that half the trees in Cherokee and Seneca Parks will be dead in 10 years because of invasive plants and erosion unless they do something now. The funds must be raised by June 1 to secure a \$900,000 grant by the James Graham Brown Foundation. Donations can be made at www.olmstedparks.org or 502.456.8125.

18 *Vote!*
 ...on May 18, Kentucky.
 (Indiana – vote May 4)