

Have You Found the Right Marriage Mate?



Take this test to get a **new look** at your relationship.

BY EMILY J. MINOR

DR. JACQUELINE del ROSARIO is known as “America’s Marriage Doctor,” giving lectures on communication and sexuality and how important faith can be in a relationship. But her real claim to fame? Putting your prospective marriage partner to the test.

Del Rosario (DoctorDelRosario.com) has a simple test that reveals whether or not you’ve found the right marriage partner. And people can’t resist it.

If your answer is no to a majority of the questions

in here, your marriage could be headed for a rocky future. So go ahead, take the test.

Don’t be nervous. (Well, be a little nervous.)

■ **Are you like-minded?**

Sure, opposites attract.

But del Rosario reminds us that couples need to

share core morals and values. “You have to be headed down the same path, with the same goals,” she says. That

is, if you want to save the nest egg and he wants to spend it, there’s a problem.

■ **Do your temperaments balance out one another?**

Sometimes, a yin and a yang make for a good marriage. “What can be opposite are the temperaments,” she says. So if he’s Type A and you’re laid back, that can work.

■ **Are you both committed to saving or creating a healthy relationship?**

“It can be very unfortunate if you believe that marriage is forever and [your partner] is going along for the ride,” she says. Do both of you want to stay married?

■ **Do you speak your partner’s “love language”?**

This is a big one. What does he like? What makes her feel special? Maybe he likes his favorite meal served on a lazy Sunday afternoon. Maybe she likes a candle during intimacy.

Do you know what makes your partner feel special, and do you do it?

■ **Are you able to work together to resolve problems?**

Think of marriage as a pair of shoes. You have to polish them. Marriage benefits from a good “brushing up,” she says.

■ **Are you physically attracted to your partner?**

Do you still like the sight of him in his boxers? (Or her in her nightie?)

■ **Do you genuinely like your partner as a person?**

Most marriages are based on a solid friendship, she says. If you’ve lost touch with that, get it back. Go on dates. Talk. Listen. “Liking” each other again can mean everything. □



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