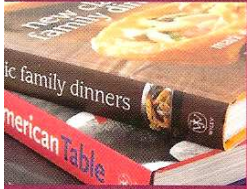


OCTOBER 2009

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TRENDS

Inside the pages of the season's new chef cookbooks.
p. 14



IDEAS

Creative ways to make the most of pantry staples.
p. 29



EQUIPMENT

Operators discuss advantages of tankless water heaters.
p. 53

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chicken thighs earn a starring role on menus

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**Flexibility is the Key to Carving Out
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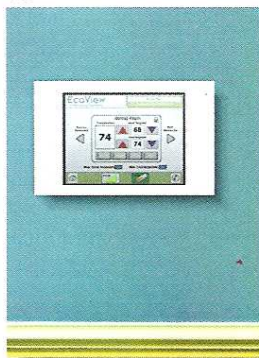


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